Status of Therapeutic Courts WSADCP Statewide Survey - October 2021

- ► 34 responses
- ▶ 16 counties
- ▶ 6 types of Therapeutic Courts:
 - ▶ 16 Adult Drug Courts
 - ▶ 7 Mental Health Courts
 - ▶ 4 Veteran's Courts
 - ▶ 4 Family Treatment Courts
 - ▶ 2 DUI Courts
 - ▶ 1 Community Court
 - ▶ 0 Juvenile Courts



Court Composition

Adult Drug Courts (16)

- ▶ 75% Pre-Adjudication Only
- ▶ 88% Felony Only
- Pre-Blake Possession Comprised Majority of Cases:
 - ▶ 38% of courts

(Property Crimes pre-Blake majority for 50% of courts)

Mental Health Courts (7)

- ▶ 71% Both Pre & Post-Adjudication
- ► 43% Felonies Only
- ▶ 43% Felony + Misdemeanor
- Pre-Blake Possession Comprised Majority of Cases:
 - ▶ 14% of courts (1 court)

Veterans Courts (4)

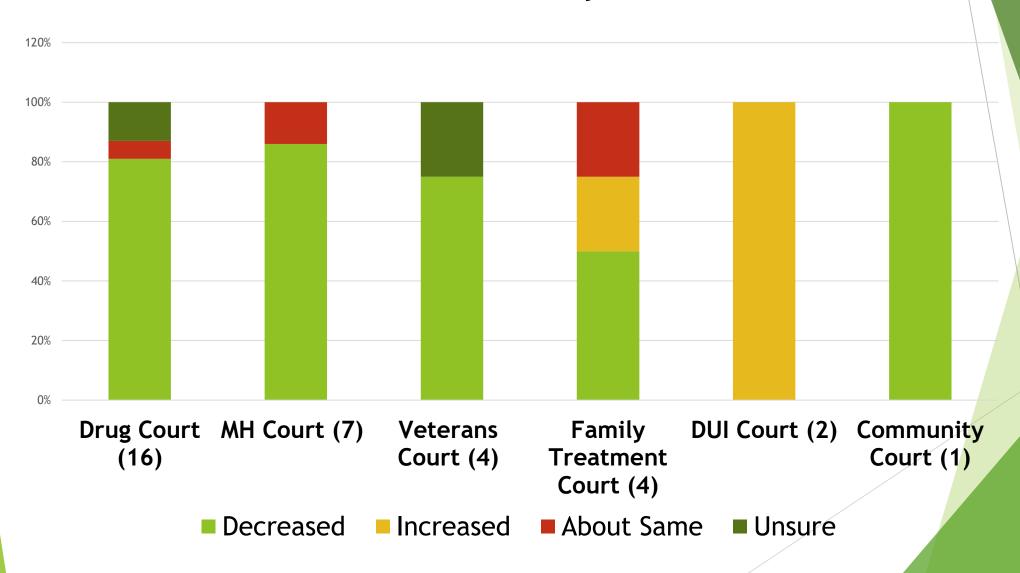
- ▶ 75% Both Pre & Post-Adjudication
- ► 50% Both Felony + Misdemeanor
- Pre-Blake Possession Comprised Majority of Cases:
 - ▶ 25% of courts (1 court)

Current Charges Include:

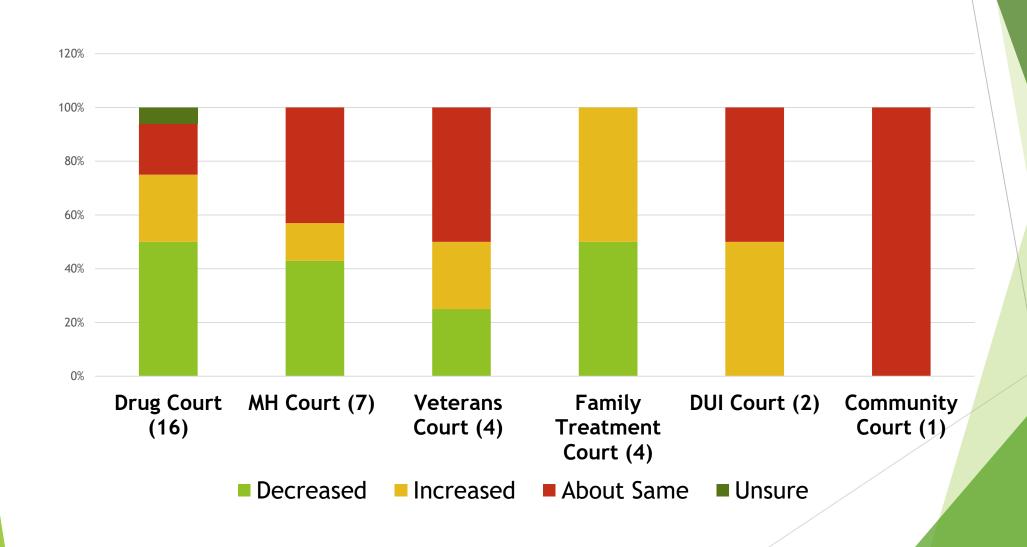
- Delivery / PWI
- Property Crimes
- **DUI**
- Domestic Violence
- Some Assault 2 & 3



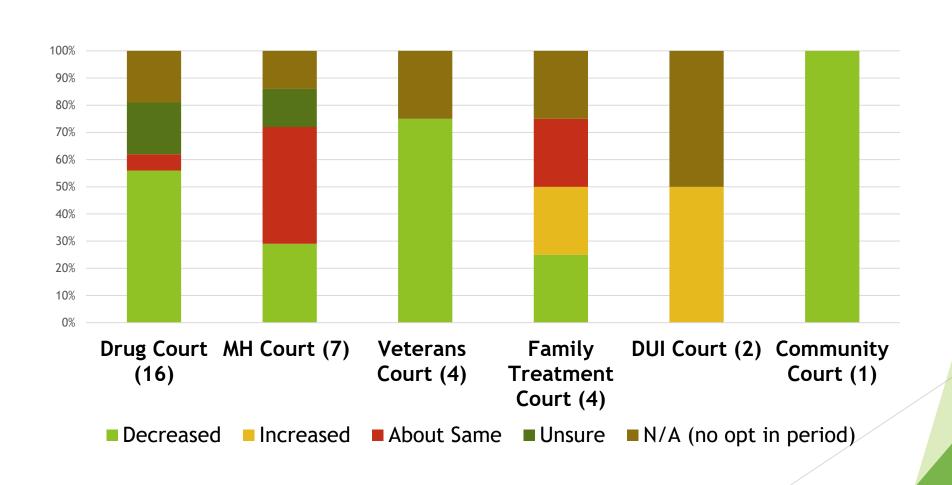
Since February 2020 -Referrals Have Mostly Decreased



In the Past Few Months-Referrals More Likely to Have Increased or Stayed Steady



Since February 2020 - Opt In Rates Have Varied



Decrease in Referrals Due to Blake? Drug Courts Most Likely To Be Impacted

Drug Court (16)

- > 75% yes
- ▶ 19% unsure
- Estimated 10% to 60% decrease attributed to Blake

Mental Health Court (7)

- **57**% no
- ► 43% unsure

Veterans Court (4)

- ▶ 50% no
- ▶ 50% unsure

Family Treatment Court (4)

- > 75% no
- ▶ 25% unsure

DUI Court (2)

- ▶ 57% no
- ▶ 43% unsure

Community Court (1)

- ▶ 100% yes
- Estimated 10% or less decrease



Blake Impacts Cited

- Fewer consequences for drug use harder to maintain recovery.
- ► Helped and hurt participants at same time.
- Possession cases were primary charges for 38% of drug courts.
- Recalculated sentencing ranges:
 - Makes opt in less appealing.
 - Some already in program took credit for time served.



Decrease in Referrals Due to COVID? Most Courts Impacted

Drug Court (16)

- ▶ 88% yes
- ► 6% unsure
- Estimated range from 10% to 75% decrease due to COVID

Mental Health Court (7)

- ▶ 57% yes
- ▶ 43% unsure
- Estimated decrease ranges from "small" to 75%

Veterans Court (4)

- > 75% yes
- 25% unsure
- ▶ One court estimates up to 80% decrease

Family Treatment Court (4)

- ▶ 50% yes
- ▶ 25% unsure
- Estimated range from 15% to 50% decrease

DUI Court (2)

▶ 100% no

Community Court (1)

- ▶ 100% yes
- ► Estimated 25% decrease



COVID Impacts Cited for Decreased Referrals & Opt Ins

- Case filing backlog.
- Releases from jail pre-court difficulty contacting, no shows.
- Virtual hearings harder to connect with participants, attorneys.
- Children not in school less likely to spot abuse/neglect.
- Decrease in arrests / enforcement.
- Decrease in warrants issued.
- Attorneys out of habit of considering therapeutic court option.
- Attorneys not comfortable referring to virtual program since expectations will change.
- Generous deals available engaging in court less enticing.
- ► Trial backlog and continuances participants choose mainstream to delay consequences.



Referrals Generally Expected to Increase When Pandemic Eases

- Drug Court = 63% yes, 25% unsure.
- ► Mental Health Court = 86% yes, 14% unsure.
- Veterans Court = 75% yes, 25% unsure.
- ► Family Treatment Court = 50% yes, 50% unsure.
- DUI Court = 100% yes.
- Community Court = 100% yes

Considerations

- Many eligible cases in filing and trial backlog.
- Attorneys/defendants more likely to follow through with referrals once trial dates no longer continued.
- Increased behavioral health needs.
- Unknown impact of criminal justice reforms, especially if drug court eligibility is not expanded.
- Which changes will be long-lasting (pre-court jail releases, virtual court, etc.)?



Eligibility Expansion?

Drug Court (16)

- ▶ 50% expanded this year.
- ▶ At least 33% considering expansion.
- ▶ 56% cite barriers.

Mental Health Court (7)

- ▶ 14% expanded this year.
- ▶ At least 14% considering expansion.
- 14% cite barriers.

Veterans Court (4)

- ▶ 25% expanded this year.
- ▶ At least 25% considering expansion.
- > 75% cite barriers.

Family Treatment Court (4)

- ▶ 50% expanded this year.
- ► At least 25% considering expansion.
- ▶ 25% cite barriers.

DUI Court (2)

- ▶ 0% expanded this year.
- 0% considering expansion.
- ▶ 50% cite barriers.

Community Court (1)

- ▶ 100% expanded this year.
- ▶ 100% considering more expansion.
- 100% cite barriers.



Expansion Barriers Cited

- Need time to explore options and build consensus.
- Need new services for expanded population:
 - ▶ DV treatment, anger management, supervision tools, staff training, etc.
- Concerned about new population with lack of face-to-face services.
- Budget / staffing cuts.
- Interested in direct filings from police into court.
- Lack of support from stakeholders.
- Specifically, lack of support from prosecutor:
 - Do not support drug court in general.
 - Will not refer Delivery/PWI.
 - Will not refer DUIs.
 - Low approval rate for referrals discourages defense from referring.
 - Individual prosecutor discretion with no formal / objective process for referrals.



Hearings & Treatment Now



Barriers to Engagement Cited

- Stress, isolation, behavioral health impacts pf pandemic.
- ▶ Reduced in-person: Court, Treatment, Sober Support, Case Manager contact.
- Reduced home visits.
- Reduced UAs or observation of UAs.
- Reduced camaraderie with other participants.
- Employment / income loss.
- Housing challenges.
- Childcare issues.
- Reluctance to participate in treatment/UAs due to COVID exposure concern.
- Reduced transit availability.
- Hesitancy to take transit due to COVID exposure concern.
- Barriers / delays to inpatient access.
- Reduced mechanisms for structure and accountability.
- Lack of jail-based treatment option.



Barriers to Engagement continued

- ► Treatment delays caused by staff turnover, workforce shortages. Hard to fill vacant jobs.
- Difficulty establishing rapport due to staff turnover.
- Lack of phone access.
- Lack of internet / wifi access.
- ▶ Lack of technology skills for virtual participation.
- Budget cuts causing staffing reductions.
- Reduced community programs and resources.
- Increase fentanyl use and availability in community.
- Reduced sanction options.
- Reduced incentive options.
- Reduced / delayed consequences for:
 - Criminal activity (filing / enforcement)
 - Failure to appear in court
 - Program non-compliance
 - Opting out of program



Factors That Have Increased Engagement During COVID

- Increased use of technology for engagement.
- Increased access to technology (ability to provide phones).
- Reduced need for transit due to virtual court.
- Program requirements more manageable for those who live far away.
- ▶ 24/7 virtual support through virtual meetings.
- ► Innovative sanctions. (Ex: Beach clean-up, interactive journals.)
- Reduced use of jail.
- Innovative incentives.
- Expanded program services and community resources.
- Ability to balance work, home, childcare with court obligations.
- Addition of oral fluid testing.



Innovations Intend to Keep

- Hybrid court and probation hearings option to appear virtually.
- Hybrid treatment ability to attend virtually if sick.
- Virtual sober support meetings.
- Live stream and offer hybrid graduations so family members can attend from afar.
- Virtual life skills classes.
- Virtual staffings provides flexibility and time saving for team.
- Phones for participants.
- Creative sanctions.
- Expanded incentives.



Addressing Overdoses & Widespread Fentanyl

- Provide Medications for Opioid Use Disorder.
- Refer to Withdrawal Management (detox).
- Work closely with MAT providers.
- Random addition of fentanyl to UAs or added to standard screening.
- Increased awareness and education in individual counseling sessions.
- ▶ If using fentanyl, more likely to hold in jail until can get into inpatient.
- Staff training.
- Narcan distribution:
 - ▶ 50% Drug Court
 - ▶ 43% Mental Health Court
 - 25% Veterans Court
 - ▶ 25% Family Treatment Court
 - ▶ 0% DUI Court
 - ▶ 0% Community Court



Addressing Mental Health & Suicide Epidemic

- Screen for suicidal ideation at intake.
- Require Mental Health screenings or evaluations.
- Referrals to counseling.
- Incentivize mental health counseling (give sober support credit).
- Increased communication with mental health providers.
- Staff training: Mental Health First Aid, Suicide Prevention, Safety Planning.
- Talk to participants, send messages, share resources.
- Provide Trauma treatment services.
- Dedicated staff to help with resources.



Questions?

Christina.Mason@kingcounty.gov 206-477-0785